

Junsang Park

Ph.D. in Counseling Psychology
Ph.D. Minor in Computer Science

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RESEARCH INTERESTS

- Generative AI and large language models for reducing mental health disparity
- Psychological factors shaping mental health across educational and occupational contexts
- Advanced quantitative methods (advanced SEM, time series, machine learning)

EDUCATION

- | | |
|------------------------|--|
| 2022 – 2028 (expected) | University of Florida, Ph.D.
Major: Counseling Psychology
Minor: Computer Science |
| 2017 - 2022 | Seoul National University, M.A.
Major: Educational Counseling |
| 2013 - 2017 | Dankook University, B.A.
Major: Counseling |

PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES

13. **Park, J.**, Murray, R., Duffy, R. D., & Zhou, Z. E. (in press). Longitudinal Relationship of Childhood Attention Deficit Hyperactivity Disorder (ADHD) Symptoms with Perceived Stress and Job Satisfaction in Adulthood. *Child Psychiatry & Human Development*.
12. **Park, J.**, Kim, H. R., Duffy, R. D., Vogel, D., Keun, B. T., Lee, S., & Tomé, N. L. (Accepted). Two dimensions of access: Availability and affordability of mental health care across the U.S. *American Psychologist*.
11. **Park, J.**, Brown, S., Zhou, A. Q., Chu, S. L., & Abreu, L. R. (2026). Utilization of AI as a tool for mental health support among college students: A qualitative study. *International Journal of Human-Computer Studies*, 103806. <https://doi.org/10.1016/j.ijhcs.2026.103806>
10. Choi, Y, **Park, J.**, Duffy, R. D., Steranka, M., Bridges, B., Kim, J. H., & Kim, T. (2025). Predictors of decent work within Psychology of Working Theory: A meta-analysis. *Journal of Counseling Psychology*.

9. **Park, J.**, Zhou, A. Q., Chu, S. L., & Lee, S. (2025). Integrating generative AI into psychoeducation: Ten strategies across organizational, scholarly, and individual domains. *Theory Into Practice*. <https://doi.org/10.1080/00405841.2025.2528548>
8. Levin, N., Duffy, R.D., Cerantola, M., Greve, M., Masdonati, J., Massoudi, K., **Park, J.**, Choi, Y., Kim, H.J., Bridges, B., Steranka, M., Hardin, E.E., Gibbons, M.M. (2025). The development and validation of the Decent Education Scale and the Retrospective Decent Education Scale. *Journal of Counseling Psychology*. <https://doi.org/10.1037/cou0000815>
7. **Park, J.**, Kim, H. J., & Duffy, R. D. (2025). Using Latent transition analysis to explore changes in Decent Work across time. *The Journal of Counseling Psychology*, 72(1), 80-91. <https://doi.org/10.1037/cou0000773>
6. **Park, J.**, Zhou, A. Q., & Duffy, R. D. (2025). Gendered dynamics: coercive parenting and academic engagement interplay in South Korea's educational landscape. *The Counseling Psychologist*, 53(1), 6-37. <https://doi.org/10.1177/00110000241305573>
5. **Park, J.**, Lee, H., Kim, J., & Zhou, A. Q. (2024). Trajectories of learning attitude Profiles in Korean middle school students: Examining developmental patterns and the influence of parenting. *Child & Youth Care Forum*, 53, 485-504. <https://doi.org/10.1007/s10566-023-09763-8>
4. Choi, Y., Duffy, R.D., Kim, T., Bridges, B., Perez, G., Kim, H.J., **Park, J.**, & Steranka, M.C. (2024). Social mobility among United States immigrants: A psychology of working perspective. *The Counseling Psychologist*. <https://doi.org/10.1177/00110000241301110>
3. Lee, J. H., **Park, J.**, Ju, H., Cho, K., & Lim, S. (2024). Trajectories of unrealistic optimism in grade expectation: A latent growth mixture model. *Social Psychology of Education*, 27, 1595-1620. <https://doi.org/10.1007/s11218-023-09857-0>
2. Duffy, R. D., Choi, Y., Kim, H. J., & **Park, J.** (2024). Recommendations for conceptualizing and measuring constructs within Psychology of Working Theory. *Journal of Career Assessment*, 32(1), 48-62. <https://doi.org/10.1177/10690727231179196>
1. **Park, J.**, Lee, J. M., Kim, D. W., & Kim, J. S. (2023). Posttraumatic growth and psychosocial gains from adversities of Korean special forces: A Consensual Qualitative Research. *Current Psychology*. <https://doi.org/10.1007/s12144-021-02308-z>

DATASET

1. **Park, J.**, Kim, H. R., Duffy, R. D., Vogel, D., Keun, B. T., Lee, S., & Tomé, N. L. (2025). Two dimensions of access: Availability and affordability of mental health care across the U.S. [DATASET]. OSF. <https://doi.org/10.17605/OSF.IO/6EZRX>

SOFTWARE

1. **Park, J.**, Kim, H. R., Duffy, R. D., Vogel, D., Keun, B. T., Lee, S., & Tomé, N. L. (2026). Two dimensions of access: Availability and affordability of mental health care across the U.S. [SOFTWARE]. Zenodo. <https://doi.org/10.5281/zenodo.19392686>

PREPRINTS

2. **Park, J.**, Brown, S., & Chu, S. L. (2025). *Why some seek AI, others seek therapists: Mental health in the age of generative AI*. arXiv (Cornell University). <https://doi.org/10.48550/arxiv.2512.03406>
1. **Park, J.**, Kim, H. R., Lee, S., Duffy, R. D., Vogel, D., Keum, B., & Tomé, N. L. (2025). *Two dimensions of access: Availability and affordability of mental health care across the U.S.* PsyArxiv. Retrieved from osf.io/preprints/psyarxiv/xakmj_v2

MANUSCRIPTS SUBMITTED FOR REVIEW

8. **Park, J.**, Brown, S. A., Vogel, D. L., Zhao, N., & Chu, S. L. (submitted in 2026). AI Chatbots or Human Therapists? Belief-Based Predictors of Mental Health Help-Seeking Intentions in the Age of Generative AI
7. Duffy, R. D., **Park, J.**, & Tome, L. T. (submitted in 2026). Connecting Decent Work with Well Being Across an 18 Year Period.
6. **Park, J.**, Duffy, R. D., Zhou, A. Q., & Lee, S. (R2 under review; submitted in 2026). Longitudinal connections between Decent Education and Decent Work amongst a nationally representative sample.
5. Steranka, M., Duffy, R. D., & **Park, J.** (R1 revision; received in 2026). Experiences of Decent Education and well being among first generation College Students.
4. **Park, J.**, Garrison, Y. L., Yun, H., & Barua, S. (R2 revision; received in 2026). Beliefs in the balance: profiling meritocracy and hakbeol among multicultural adolescents in South Korea.
3. **Park, J.**, Rao, N., Lu, D. Y., Wang, Y., Grunwald, S., & Chu, S. L. (submitted in 2026). AI for Mindfulness-based Virtual Nature Tours: A Preliminary Investigation.
2. Duffy, R. D., **Park, J.**, Völker, J., & Brossoit, R. (submitted in 2026). Examining links between decent work attainment with mental and physical health using a nationally representative dataset.
1. Kim, H.J., Buyukgoze-Kavas, A., **Park, J.**, Han, E., Choi, Y., Lee, H., & Lee, K-H. (submitted in 2026). Cross-cultural validation of the decent education model: Experiences of American, Korean, and Turkish college students.

CONFERENCE SESSION PRESENTATIONS

8. **Park, J.**, Duffy, R. D., Murray, R., & Zhou, Z. (November 2025). *Longitudinal associations of childhood ADHD symptoms with mental health in adulthood: The mediating roles of work-to-family and family-to-work conflict*. Poster presented at the American Public Health Association 2025 Annual Meeting and Expo, Washington D.C.

7. **Park, J. & Duffy.** (March, 2025). *Brief introduction to longitudinal research: From dataset to analysis*. Session Presentation at the American Counseling Association, Orlando, FL.
6. **Park, J., Duffy, R. D., & Zhou, A. Q.** (June 2024). *Investigating life trajectories from education to vocation: Decent education to decent work with Add Health dataset*. Session Presentation at the Add Health 2024 Conference, Chapel Hill, NC.
5. **Park, J., Park, S., Duffy, R. D., & Zhou, A. Q.** (June 2023). *Utilizing ChatGPT as a tool for supporting CBT therapists' training: A mixed method*. Session Presentation at the World Congress of Cognitive and Behavioral Therapies, Seoul, South Korea
4. **Park, J., Lee, H. J.** (2021). *A study on the factors influencing children's development of academic attitude using Latent Transition Analysis (LTA): Focusing on parental attitudes*. Session Presentation at National Youth Policy Institute.
3. **Park, J.** (2021). *What text mining analysis of adolescents' online posts can tell us about teenagers: Text analysis using Natural Language Processing and Machine Learning approach*. Session Presentation at International Conference on Education Research.
2. **Park, J.** (2021). *Examining the emotional contagion of parent-child: Longitudinal analysis using the Actor-Partner Interdependence Model (APIM)*. Session Presentation at International Conference on Education Research.
1. **Park, J., Lee, S. J.** (2021). *Classification of high-risk suicide group's SNS post based on BiLSTM*. Session Presentation at Korea Computer Congress.

CONFERENCE POSTER PRESENTATIONS

(* Undergraduate mentee author)

16. Kim, H.J., Buyukgoze-Kavas, A., **Park, J.**, Han, E., Choi, Y., Lee, H., & Lee, K-H. *Cross-cultural validation of the decent education model: Experiences of American, Korean, and Turkish college students*. A poster accepted at the 31st International Congress of Applied Psychology, Florence, Italy.
15. **Park, J., Duffy, R. D., Murray, R., & Zhou, Z.** (November 2025). *Longitudinal associations of childhood ADHD symptoms with job satisfaction and stress: The mediating role of job demand and job control*. Poster presented at the American Public Health Association 2025 Annual Meeting and Expo, Washington D.C.
14. **Park, J., Lee, S., & Duffy, R. D.** (August 2025). *Longitudinal impact of decent education in adolescence on adult work outcomes*. Poster presented at the American Psychological Association, Denver, CO.

13. **Park, J.** & Duffy, R. D. (August 2025). *Examining links between decent work Attainment with mental and physical health*. Poster presented at the American Psychological Association, Denver, CO.
12. **Park, J.** & Duffy. (March, 2025). *Harnessing generative artificial intelligence in counselor education: Enhancing conceptualization and intervention skills*. Poster Presentation at the American Counseling Association, Orlando, FL.
11. Johnson*, A., Zhou, A. Q., & **Park, J.** (August 2024). *Autistic college students: Mental health, counseling utilization and barriers, and support*. Poster presented at the American Psychological Association, Seattle, WA.
10. Lee, J. H., Ju, H. J., Lim, S. Y., Cho, K. M., & **Park, J.** (August 2024). *Patterns of unrealistic optimism and its impact on academic outcomes: A latent growth analysis*. Poster presented at the American Psychological Association, Seattle, WA.
9. **Park, J.**, Duffy, R. D., & Zhou, A. Q. (August 2024). *Utilization of AI as a tool for mental health support among college students: A qualitative study*. Poster presented at the American Psychological Association, Seattle, WA.
8. **Park, J.**, Duffy, R. D., & Zhou, A. Q. (August 2023). *Bidirectional relationships of coercive parenting and academic engagement in South Korea adolescents*. Poster presented at the American Psychological Association, Washington D.C.
7. **Park, J.**, Duffy, R. D., & Zhou, A. Q. (August 2023). *Adolescent alcohol use in immigrant family: Influence of economic stress, school, and parenting*. Poster presented at the American Psychological Association, Washington D. C.
6. Lee, B. H., Lee, J. H., & **Park, J.** (August 2023). *Unrealistic optimism and academic achievement: Time-frame approach*. Poster presented at the American Psychological Association, Washington D. C.
5. **Park, J.**, Kim, D., Lee, H. (2022). *The effect of Covid-19 on the university students: Analyzing university counseling center big data*. Poster presented at APA 2022
4. **Park, J.**, Kim, C. (2022). *The mediation effect of the meritocracy myth stress on academic burnout of Korean university students*. Poster presented at APA 2022
3. **Park, J.** (2021). *Text-mining of suicidal posts in online website using natural language processing*. Poster presented at Korean Counseling Association.
2. **Park, J.**, Lee, J. M., Kim, D. W., & Kim, J. S. (2020). *Posttraumatic growth and psychosocial gains from adversity of Korean Special Forces: consensual Qualitative research*. Poster presented at Korean Counseling and Psychological Association.
1. **Park, J.**, Park, C. H., Kim, Y. K. (2020). *A study on the variables predicting delinquency experiences of Korean adolescent: Data analysis using random forest*. Poster presented at Korean Counseling Association.

CLINICAL EXPERIENCE

- Summer 2024 – **Division of Psychology at Springhill**, Department of Psychiatry
- Psychological Assessment
 - Risk Assessment and DBT Group Counseling
 - Individual Therapy
- Fall 2023 – Spring 2024 **Counseling and Wellness Center**, University of Florida
- Individual Therapy
- Spring 2019 – Fall 2021 **Center for Campus Life & Culture**, Seoul National University
- Psychological Assessment
 - Individual Therapy

TEACHING EXPERIENCE

INSTRUCTOR

Summer 2023 **Eating Disorder**, University of Florida

Guest Lecturer

Spring 2026 **Adult Development**, George Washington University

TEACHING ASSISTANT

Spring 2026 **Social Psychology**, University of Florida

Fall 2026 **I/O Psychology**, University of Florida

Summer 2025 **Abnormal Psychology**, University of Florida

Spring 2025 **Latinx Psychology**, University of Florida
Community Psychology, University of Florida

Fall 2024 **Abnormal Psychology**, University of Florida

Fall 2021 **Adolescent Education**, Korea National Open University

GRANTS AND AWARDS

RESEARCH GRANTS

2024 **Trish Calvert Ring Fund** (\$3,000)
Awarded by the College of Liberal Arts and Sciences, University of Florida

FELLOWSHIPS & SCHOLARSHIPS

2026 **Trish Calvert Ring Dissertation Fellowship** (\$31,000)
Awarded by the Department of Psychology, University of Florida

2026 **Zapanta-Rinonos Family Scholarship** (\$1,000)
Awarded by First Presbyterian Church at Gainesville

- 2025 **Goldman Spring Scholarship** (\$8,000)
Awarded by the Department of Psychology, University of Florida
- 2024-2026 **Dereck Chiu Training and Research Scholarship** (3 awards; total \$700)
Awarded by the Department of Psychology, University of Florida
- 2025 **Gator Growing Scholarship** (\$841.67)
Awarded by the Counseling & Wellness Center, University of Florida
- 2022-2024 **Grinter Fellowship** (3-year award; total \$9,420)
Awarded by the College of Liberal Arts and Sciences, University of Florida

AWARDS

- 2026 **The Outstanding Counseling Psychology Student Award** (\$1,000)
Awarded by the Department of Psychology, University of Florida
- 2026 **Pioneer Psychology Faculty Fund Award** (\$1,000)
Awarded by the Department of Psychology, University of Florida
- 2026 **Balkhi Foundation Experiential Learning Research Award** (\$800)
Awarded by the Department of Psychology, University of Florida
- 2023-2026 **Department of Psychology Travel Award** (6 awards; total \$5,150)
Awarded by the Department of Psychology, University of Florida
- 2021 **Grand Prize at Social Science Statistics Competition** (\$2,000)
Awarded by the National Youth Policy Institute, South Korea
- 2020 **Post-Generation Researcher Award** (\$500)
Awarded by the Korean Counseling Psychology Association

PROFESSIONAL AFFILIATIONS AND SERVICES

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA)
Society of Counseling Psychology (Div. 17)
Society for Vocational Psychology (Div. 17)
Society for the Advancement of Psychotherapy (Div. 29)
American Public Health Association (APHA)
Association for Psychological Science (APS)

PROFESSIONAL SERVICE

Co-Chair, Public Relations Committee - Korean Psychology Network (KPN)